

WRAP

FREE

WORK REHABILITATION ASSISTANCE PROGRAM



WHAT IS WRAP?

Have you been injured at work and sustained an injury? If so, Workability's Work Rehabilitation Assistance Program, WRAP, is driven by accredited physio and occupational therapists who are skilled and knowledgeable with regards to injury on duty (IOD), and use an active rehabilitation program to improve your pain and normalize function so that you can safely get back to doing the things you want and need to do.

HOW MUCH DOES IT COST?

The WRAP program will not cost you anything as the full cost of this program is covered by the injury on duty fund that your organization is registered with (COID, FEMA, RMA or SAPS)

WHAT BENEFITS CAN THE PATIENT EXPECT?

You will receive a comprehensive initial assessment from a physiotherapist and possibly an occupational therapist. The therapist will work with you to:

- Set treatment goals to allow return to work and return to life
- Tailor a personalized treatment plan which will include an exercise and home program
- Help equip you with strategies and tools to manage your pain, activity and to help you to return to work and life.

The Workability Case Coordinator will monitor your progress and will communicate with your therapists until completion, to ensure that you get back to work and life.

HOW DO I JOIN THE WRAP PROGRAM?

- If you are injured while on duty at work, you have to report the injury to your employer as soon as possible. *Note: Your employer must register the claim with their Injury on duty fund within 7 days of you reporting the injury. Ask your employer for the claim number as proof of registration.
- Go to your local IOD doctor who will assess your injury, complete a first medical report and decide if you need to be referred for physio and / or occupational therapy. Note*: If your doctor is familiar with Workability, he will send the referral to your nearest Workability accredited rehab practice, who will contact you to make an appointment.

DOCUMENTS NEEDED:

- 1 Employers report of the accident with the claim number (WCL2)
- 2 Doctors first medical report (WCL4)
- 3 Doctors referral letter
- 4 Copy of ID



WORKABILITYTM
RETURN TO WORK • RETURN TO LIFE

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